

Natural Sciences Council

16 November 2015

NSCR 1501

A Resolution In Support of Including the CMHC Crisis Line and the Behavior Concerns Advice Line

(BCAL) on all CNS Syllabi

WHEREAS, The CMHC Crisis Line is a confidential service of CMHC that offers an opportunity for students to talk with trained counselors about urgent concerns and is available every day of the year, including holidays; and,

WHEREAS, Students utilize the CMHC Crisis Line to receive help with an immediate crisis, to receive help if considering suicide, or to help combat feeling distressed; and,

WHEREAS, The Behavior Concerns Advice Line (BCAL) provides a central resource to anyone who is concerned about an individual and may not be sure about how best to help them. By calling the advice line or submitting information online, campus and community support networks may be accessed, optimizing the chance that individuals will receive needed assistance; and,

WHEREAS, The stress of a highly-competitive academic environment can lead to struggles with mental health, including prolonged periods of depression and attempted suicide; and,

WHEREAS, Many students on campus are not made aware of this vast array of mental health services offered to them through different university programs; and,

WHEREAS, Services like the CMHC Crisis Line and BCAL provide needed assistance to students by helping them develop healthier coping mechanisms and giving advice; therefore, be it,

RESOLVED, That the Natural Sciences Council here assembled recommends that as a requirement all CNS courses include the Counseling and Mental Health Center (CMHC) Crisis Line and the Behavior Concerns Advice Line (BCAL) on all syllabi; and, be it further

RESOLVED, That this resolution of the Natural Sciences Council be sent to Dr. David Vanden Bout, *Assistant Dean for Undergraduate Education*, College of Natural Sciences; Elizabeth Morgan, *Student Life Coordinator*, College of Natural Sciences; and Dr. Linda Hicke, *Dean of College of Natural Sciences*

AUTHORS, Kamia Rathore, Senate Representative, Natural Sciences Council

SPONSORS, Jamie Lee, President, Natural Sciences Council